



JACKSONVILLE COUNTRY DAY SCHOOL
**SUMMER
CAMP**

Lunch Menu

JCDS Summer Camp: Sessions 3, 7

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	All Beef Hot Dog	Chicken Lo Mein	Your Choice of: Cured Ham & Cheddar, or Roasted Turkey & Provolone, Italian & Swiss	Chicken Nuggets	Beef Chili Mac
ENTRÉE	Grilled Tofu Hot Dog	Edamame Lo Mein	Peanut Butter & Jelly	Crispy Tofu Nuggets	Mac & Cheese
VEGETARIAN ENTRÉE	Steamed Corn	Vegetable Stir-Fry	Baby Carrots	Steamed Green Peas	Steamed Broccoli
VEGETABLE	Apple Sauce	Mandarin Oranges	Hand Fruit	Fresh Cut Watermelon	Honeydew Melon
STARCH SIDE	Cheese Stick	Steamed White Rice	Smart Pop	Rice Pilaf	Tater Tots
DESSERT	Fresh Cut Fruit	Fortune Cookie	Mandarin Oranges	Yellow Cake	Fruit Salad

DAILY OFFERINGS:

-Bottled Water will come with every meal

-Peanut Butter & Jelly Sandwiches will be available as an alternate every day